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High Jump	Bernard Thomas	1.05m	21/07/03 Hemel H
Pole Vault	Bernard Thomas	2.00m	03/07/06 Copthall
Shot Putt	Ian Miller	11.32m	08/08/10 Solihull
Discus	Ian Miller	29.67m	12/12/09 Ewell
Hammer	Ian Miller	30.28m	12/12/09 Ewell
Javelin	Ian Miller	26.65m	23/05/10 Sutton Coldfield

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